**INTRODUCTION**

"Dad, 'Hold me close – need your touch and care' is the rhyming of a newborn. Kangaroo mother care is a form of developmental care which is especially beneficial to preterm babies. Worldwide, 13 million babies are born prematurely. About 75% of neonatal deaths occur in the first week of life. Kangaroo mother care (KMC) has been proven to be an acceptable and feasible method to decrease the mortality rate of premature infants. It has been stated that a mother and her newborn (holding) has increased physical contact which promotes greater maternal responsiveness and more secure attachment between an infant and mother. Then, what about the fathers role? It's interesting to note the father’s role in the infant’s care, which made them feel important and involved in sharing responsibility with the mother. Kangaroo care empower dads so they also feel close to their babies.

**OBJECTIVE**

The aim of the authors was to discover the role and experience of fathers in Kangaroo care.

**METHODOLOGY**

Data sources: Cochrane Libraries, Pubmed, CINAHL, Medscape, African Medicus, World Health Organizational Regional database

275 Research studies identified in the first step of Literature Review

15 studies were excluded because they were not focused on father’s role & experiences

201 Studies were excluded because they focused on kangaroo care by mothers

74 articles were indexed in more than one database

59 studies finally selected

**BENEFITS OF KANGAROO CARE**

- Skin to skin promote parent–infant bonding.
- Babies gain weight faster
- Babies cry less and sleep better
- Babies heart rate, breathing pattern, temperature becomes stable
- It is a gift in financial constraints.
- Only means of survival in poverty.

**REFERENCES**


**CONCLUSION**

The authors concluded that fathers are more excited and confident to provide kangaroo care. It provides an opportunity to fathers to do something special for their precious babies and build an everlasting bond.