



Title: “ Kangaroo mother care - Father’s role a boon to the newborn”

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Introduction:

“*Dad, ‘Hold me close – need your touch and care’*” is the rhyming of a newborn . Kangaroo mother care is a form of developmental care which is especially beneficial to preterm babies. Worldwide, 13 million babies are born prematurely. About 75% of neonatal deaths occurs in the first week of life.

Kangaroo mother care (KMC) has been proven to be an acceptable and feasible method to decrease the mortality rate of premature infants. It has been stated that a mother and her newborn (holding) has increased physical contact which promotes greater maternal responsiveness and more secure attachment between an infant and mother. *Then, what about the fathers role ???* It’s interesting to note the father’s role in the infant’s care, which made them feel important and involved in sharing responsibility with the mother. Kangaroo care empower dads so they also feel close to their babies.

Aim:

The aim of the authors was to discover the role and experience of father in Kangaroo mother care.

Methodology:

Extensive literature search was done in six data bases Cochrane libraries , PubMed, Cinhal, Medscape, African medicus, World health Organizational regional database. The obtained references matching the search terms father’s role, infant father bonding, Kangaroo care were analyzed by the authors. An overall 275 articles were browsed through, of these 74 articles were indexed in more than one database. Thus the actual number is reduced to 59.

Conclusion:

The authors concluded that fathers are more excited and confident to provide kangaroo care. It provides an opportunity to fathers to do something special for their precious babies and build an everlasting bond.

Biography

Mrs. Sheeba .E. J, Mrs. Harshita .P, completed Masters in Nursing in Child Health and working as a Lecturer in Sultan Qaboos University, College of Nursing. Active in research and reviewer in reputed journals.

Dr. Suhaila Halasa, Dr. Erna Judith Roach completed Ph. D in Child Health Nursing and working as an Associate Professor and Assistant Dean of Postgraduate Studies and Research in Sultan Qaboos University, College of Nursing. Active in research and reviewer in reputed journals.